ORTHOPAEDIC SPORT MEDICINE FELLOWSHIP

Please Note: All positions for 2016 – 2017 and 2017 – 2018 have been filled. Applications are currently being accepted for 2018 – 2019. The submission deadline is November 30, 2016.

Fellowship Overview
The goal of this fellowship is to provide comprehensive education in the field of orthopaedic sport medicine with an emphasis on the development of a broad clinical and surgical expertise. In addition to a busy clinical and surgical setting, the Fowler Kennedy Sport Medicine Clinic group works closely with primary sports medicine physicians, physiotherapists and researchers to achieve a balanced approach to the care of injured athletes. The group is also responsible for the care of university athletes and coverage of athletic teams.

The fellowship is based on the preceptor model where fellows spend a three month clinical and operating room rotation with each of four consultants. This model offers opportunities for a broad experience in both arthroscopic and open procedures of the knee, shoulder and ankle. Fellows will be exposed to a large and diverse volume of cases; approximately 1000 knee and 500 shoulder arthroscopic procedures along with a wide range of open knee and shoulder cases (knee osteotomies, reconstructive procedures of the shoulder, including arthroplasty).

Surgeries are carried out at University Hospital, London Health Sciences Centre. All clinics take place at the Fowler Kennedy Sport Medicine Clinic, located in the 3M Centre on the campus of Western University.

Research
A large volume of cases provides an excellent base for research and fellows are expected to complete at least one project to be ready for publication by the end of the fellowship. There are resources and potential for research in a variety of areas. Two strong areas of expertise are clinical outcome studies and applied biomechanics. Research initiatives are supported by a staff of research assistants and an increasingly comprehensive database. Biomechanical studies are carried out in the Wolf Biomechanics Laboratory located at the Clinic.

Supervising Surgeons
Alan M J Getgood MD, FRCS, Assistant Professor, Fellowship Director
Dr. Getgood’s interests include reconstructive surgery of the knee and shoulder, with particular focus on sports injuries. His clinical practice is predominantly made up of complex knee ligament injuries requiring reconstruction and joint preservation techniques. A component of this field is the assessment and treatment of articular cartilage injury. Dr Getgood completed his fellowship in Orthopaedic Sport Medicine at the Fowler Kennedy Clinic and a two-year research post at the University of Cambridge.
J. Robert Giffin MD, FRCSC, Associate Professor
Dr. Giffin has a special interest in the anterior cruciate ligament injury and alignment related disorders of the lower limb. He completed a two-year fellowship in Sports Medicine and Shoulder Surgery under Drs. Freddie Fu and Chris Harner at the University of Pittsburgh Center for Sports Medicine. His experience in Pittsburgh included care of the Steelers and Penguins as well as varsity athletes.

Robert B. Litchfield MD, FRCSC, Associate Professor
Medical Director, Fowler Kennedy Sport Medicine Clinic
Dr. Litchfield’s practice focuses primarily on shoulder disorders. His orthopaedic training at the University of Western Ontario was followed by a Sport Medicine Orthopaedic Fellowship at the Steadman Hawkins Clinic in Vail, Colorado. Dr. Litchfield is a member of the Canadian Alpine Ski Team medical group and is very active in the Canadian Academy of Sports Medicine.

Kevin R. Willits MD, FRCSC, Associate Professor
Dr. Willits main interests are sport related injuries of the shoulder, knee and ankle. His fellowship training in sport medicine and shoulder surgery was with Dr. Buddy Savoie in Jackson, Mississippi. This included on-field coverage of varsity football teams. He completed a second fellowship in trauma and foot and ankle surgery with Dr. Roy Sanders in Tampa, Florida.

General Information
- **Duration:** Twelve months. Start Date: July 1. End Date: June 30
- **Number of Positions:** Four
- **Stipend:** $50,000 Canadian annually
- **Paid Holidays/Time Away:** Four weeks, including time away at meetings
- **Health Benefits:** These are not included. For international fellows, the Ontario Health Insurance Plan (OHIP) comes into effect at 3 months. The University Health Insurance Plan (UHIP) is available in the interim. See www.uhip.ca for more information.

Fellowship Experience
- **Orthopaedic Sport Medicine Clinics:** 2 days per week
- **Surgical Cases:** 2 - 3 OR days per week. Fellows perform as primary surgeon or first assist. Degree of supervision depends on the skill and comfort levels of each fellow.
- **Varsity Sports Team Coverage of:**
  - Western University Football Mustangs
  - Men and Women’s Hockey and Rugby
  - Inter-university events
- **Academic Expectations are:**
  - Completion of a minimum of one research project
  - Presentation of project at the “Annual Orthopaedic Fellows Research Day” held in May or June
  - Presentation at rounds during the year on topics of his/her choosing
Weekly Schedule
- Sport Medicine Rounds, 0700 – 0800 each Tuesday
- Orthopaedic Grand Rounds, 0715 – 0815 each Wednesday
- Sport Medicine Research & Clinical Rounds, 0700 – 0800 each Thursday
- Combined Sport Medicine/Arthroplasty Rounds, 0700 – 0800 each Friday

Application Procedure
Please submit the following by email to Anna Hales at ahales@uwo.ca:
- Statement of intent
- Current CV
- Three letters of reference. For current residents, one letter should be from your program director

Application Deadline
- November 30, 2016 for the 2018 – 2019 program

About London Ontario:
Visit the following websites for information about London. http://www.londontourism.ca and http://www.londonhospitals.ca; here choose ‘Orientation’ and then ‘Welcome to London’

For further information regarding admission procedures and requirements visit:
Western University postgraduate education website at: http://www.schulich.uwo.ca/education/pge/; Choose the “Post Grad Trainees” section and from there either the “Canadian Fellows” or “International Residents and Fellows” area.

For further fellowship information, contact:
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